

# SHEPLEY HEALTH CENTRE

## SUMMER NEWSLETTER 2017



### **Dr Neil Hopkinson**

Dr Neil Hopkinson retired from Shepley Health Centre on the 31<sup>st</sup> March 2017 after 11 years. At his choice he went very quietly with a minimum of fuss so this news may come as a surprise to some people.

### **Missed Appointments**

In April of 2017 61 people missed their appointment at the Health Centre with no reason given.

On average a missed GP appointment costs the NHS £45 that could be spent on helping improve the services offered.

We understand unexpected circumstances may stop you from being able to attend your appointment but we ask that you give us as much notice as possible if you will not be able to attend as someone else can use the appointment.



### **Online Prescription ordering**

We are one of only a few practices that continue to accept telephone ordering of repeat prescription. Medical defence companies advise us that this is not a safe system. We will shortly be stopping telephone ordering in line with current guidance, with the exception of patients we feel are more vulnerable. Please ask at reception for your unique username and password so that you can access and request your repeat medication online at your convenience.

### **Contraceptive Services** Dr

Walker is now fully registered with the Faculty of Reproduction and Sexual Health and is now fitting intrauterine devices (Coils) and implants. Please book in for an appointment with her if you are interested in this.

### **Dr Paul Culliney**

We are pleased to announce that we have a new partner at the surgery. Dr Paul Culliney joined us on the 3<sup>rd</sup> April 2017. Some patients may already know him as he has provided locum cover for several years. Dr Culliney trained in Manchester and was a GP in Almondbury before joining Shepley Health Centre. He has a special interest in Minor Surgery and is currently doing a maths degree in his spare time.

### **Hayfever**

Hayfever season is upon us once again. If you suffer from hayfever we recommend you visit your local Pharmacist for advice. You do not need to make an appointment at the surgery for medication that you have had previously. To re-order medications that you have had previously please speak to a member of the reception staff.



## **SHEPLEY HEALTH CENTRE**

### **NHS 111**

The NHS 111 service is for people in Yorkshire to call for urgent medical help but not life threatening situations. The service is available 24 hours a day every day and provides advice outside of surgery hours if you are uncertain whether to go to A&E, or just need advice or reassurance. The service is run by a team of fully trained advisors and experienced nurses who can assess your condition and direct you to the most suitable local service.

**Always dial 999 in a medical emergency**

### **Travel Vaccinations**

If you are planning to travel outside the UK you may need to be vaccinated against some of the serious disease found in other parts of the world. To find out which vaccinations you are recommended to have and which are necessary please look on the internet for [NHSfitfortravel.co.uk](http://NHSfitfortravel.co.uk). Please ensure you book an appointment with the nurse allowing ample time before your departure date. Some travel vaccinations may incur

### **Summer Medicine Cabinet**

Below is a list of products that we recommend you have in your medicine cabinet over the summer months-

- Sun screen
- After sun
- Antidiarrhoeal tablets
- Oral rehydration salts
- Anti-histamines
- Insect repellent
- Eyewash solution
- Paracetamol
- Anti-bacterial cream
- Thermometer
- Tweezers
- Plasters/Bandages

### **Opening Times**

Monday-

7:30AM – 8:00PM

Tuesday to Friday-

8:00AM – 6:00PM

On Tuesday we are closed between 12:30 and 1:30.

We also close for the afternoon every 3<sup>rd</sup> Tuesday of the month for staff training.



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**when it's less  
urgent than 999**



**Shepley Health Centre**

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Shepley

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